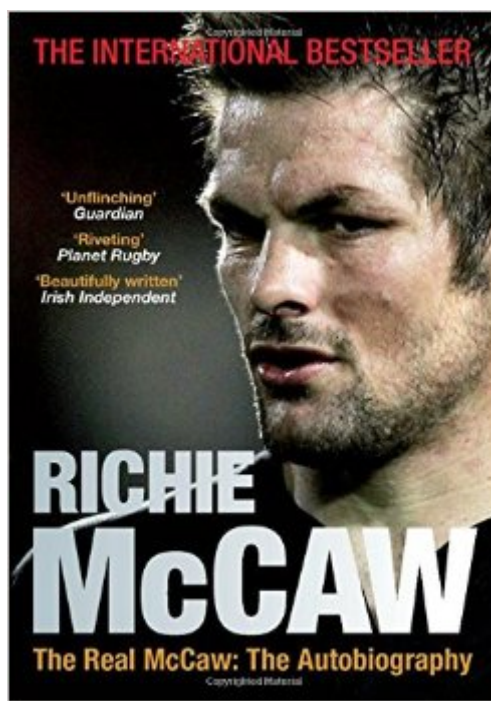


The book was found

The Real McCaw: The Autobiography



Synopsis

Richie McCaw, Rugby World Cup winning captain and the New Zealand All Black's most capped player of all time, is unquestionably the greatest player of his generation. He is arguably the most talented player of all time. In his bestselling autobiography, McCaw talks with brutal honesty about the roots of his family life that defined his character and how it gave him the strength to emerge from the lowest moment in his career to lift the Webb Ellis Cup, and become the most successful captain world rugby has ever seen. As he prepares to become the first captain to successfully defend the World Cup, McCaw has set the standard of what a professional rugby player should be. Hugely popular and respected, his sheer presence means that he is a natural leader both on and off the pitch and his story is not just a brutal account of life on the front line, but an exhilarating portrait of modern rugby.

Book Information

Paperback: 416 pages

Publisher: Aurum Press Ltd (July 7, 2015)

Language: English

ISBN-10: 1781314896

ISBN-13: 978-1781314890

Product Dimensions: 6.5 x 0.8 x 9.2 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars [See all reviews](#) (34 customer reviews)

Best Sellers Rank: #601,779 in Books (See Top 100 in Books) #63 in [Books > Sports & Outdoors > Other Team Sports > Rugby](#) #471 in [Books > Biographies & Memoirs > Sports & Outdoors > Football](#) #17647 in [Books > Biographies & Memoirs > Memoirs](#)

Customer Reviews

Richie McCaw, New Zealand's All Blacks rugby captain was described by Heyneke Meyer, the coach of South Africa, one of the All Black's greatest rivals, as "probably the best player who ever played rugby" In most pictures, McCaw's gaze is cheerful but the cover of his autobiography shows the intensity and the hardness he brings to the game. In *The Real McCaw, The Autobiography*, the first chapter tells of his foundation and the beginning of Richie McCaw's determination to be a great all black. Goal setting and visualization became a major part of his life. He figured out the preparation he needed to succeed and followed through. His preparation, even today, includes writing instructions to himself in a notebook. They begin with the words "Start again" and end with

the letters G.A.B. a reminder that, ever since he was a boy, he aspired to be a Great All Black. McCaw was in charge of a side that hadn't been beaten for 15 months. In that time he also ended the losses of one World Cup after another for New Zealand when, in October 2011, he captained the All Blacks to victory. The fact that he played the last three matches with broken bones in his foot provided Paul Ackford (Sunday Telegraph) with the back cover blurb "Better on one leg during the World Cup than most players on two." The chapters leading up to, and including, the World Cup gave an inside look at a brutal contact sport and the mind of the rugby captain leading the All Blacks. Subsequent chapters touch on his love of gliding, flying in general, the love for his family and the heartache after the earthquake in Christchurch, his home. If you're looking for an expose of his love life you won't get it in this book.

[Download to continue reading...](#)

The Real McCaw: The Autobiography Real Estate: Learn to Succeed the First Time: Real Estate Basics, Home Buying, Real Estate Investment & House Flipping (Real Estate income, investing, Rental Property) The Best Homemade Kids' Lunches on the Planet: Make Lunches Your Kids Will Love with Over 200 Deliciously Nutritious Lunchbox Ideas - Real Simple, Real Ingredients, Real Quick! Real Time Systems and Programming Languages: Ada 95, Real-Time Java and Real-Time C/POSIX (3rd Edition) Lupus: Real Life, Real Patients, Real Talk Will Puberty Last My Whole Life?: REAL Answers to REAL Questions from Preteens About Body Changes, Sex, and Other Growing-Up Stuff Real-time Operating Systems (The engineering of real-time embedded systems Book 1) Memory Controllers for Real-Time Embedded Systems: Predictable and Composable Real-Time Systems: 2 The Real Food Diet Cookbook: Gluten-Free, grain-free and real food recipes for losing weight, feeling great, and transforming your health Florida Real Estate Exam: How To Pass The Real Estate Exam in 7 Days. A Proven Method That Works (Includes Prep Questions with Answers) The Obsessive Compulsive Trap: Real Help for a Real Struggle Investigating Eating Disorders (Anorexia, Bulimia, and Binge Eating): Real Facts for Real Lives (Investigating Diseases) Essential Guide to Real Estate Contracts (Complete Book of Real Estate Contracts) Real Virtual en la estetica y la teoria de las artes/Real Virtual in the Esthetic and the Theory of the Arts (Paidós Estetica / Ethetics) (Spanish Edition) Precalculus: Real Mathematics, Real People Real Computing Made Real: Preventing Errors in Scientific and Engineering Calculations (Dover Books on Computer Science) Krav Maga: Real World Solutions to Real World Violence The Mystery on the Iditarod Trail (Real Kids, Real Places) (Teacher's Guide) (Carole Marsh Mysteries (Paperback)) Clapton: The Autobiography Autobiography of a Face

[Dmca](#)